



Karlie - BC Ambulance Paramedic | By Photographer/Author - Jennifer Dowd

Karlie is a Paramedic with **15 years** of experience. She's smart, funny, kind, compassionate and super talented. She's driven to help people.

In her own words, Karlie provides some insights into her life as a Paramedic.

Question 1: What interested you in this profession?

"The ability to help people and no two days are the same. There is a lot of variety. I'm also very interested in medical sciences so being a Paramedic is a good fit."

Question 2: Why do you think this profession is important?

"We provide pre-hospital care, interventions and can treat life-critical situations in the field. That's important and critical, especially when someone is in distress."

Question 3: What do you want people to know about this profession?

"We are very highly trained to provide life-saving services. We get an intimate view of a person's life every time we are called. We have the skills and abilities to make a really bad situation have a better outcome for the patient. If someone is considering becoming a Paramedic, I say JUST DO IT. It feels incredible to help someone when they need it most."

Question 4: How does your family feel about you doing this profession?

"Proud and supportive. They worry about the toll it takes on my mental health, but they know I check in with myself regularly and I keep a very close eye on my mental health. It also helps that some of my family is the same profession, so they get it."

Question 5: What's the greatest thing about your profession?

"We, as Paramedics, make an impact, a difference and help people. That's pretty amazing."