



“At the end of the day, our job is to help people’s worst day or moment, be a little better with the care we provide no matter how we meet them.”

Chris - BC Ambulance Paramedic | By Photographer/Author - Jennifer Dowd

Chris is a Paramedic with **10 years** of experience. He's funny, kind, caring, skillful, and dedicated to helping people.

In his own words, Chris provides some insights into his life as a Paramedic.

Question 1: What interested you in this profession?

"As a 19 year old kid, I was working as a lifeguard. At the end of the summer season, I was looking to parlay my skills into a profession. When I came across the Paramedic program, it looked very interesting, so I decided to jump at the opportunity."

Question 2: Why do you think this profession is important?

"We get the ability to enter people's private space and make one of their worst days a little better. At the core, I like helping people."

Question 3: What do you want people to know about this profession?

"This profession takes dedication. We show up often in adverse circumstances and provide care to a variety of communities. We don't do this job for the money. Working conditions can be tense and unpredictable but we always show up."

Question 4: How does your family feel about you doing this profession?

"My wife is extremely supportive. She started out as a paramedic and then switched to being a police officer, so she understands and gets the day to day of my job. I keep my family and friends insulated from my job because I don't want to traumatize them. The opioid crisis, domestic abuse, and mental health issues are on our faces every day. People don't know the 'other' world out there that we see every day, and that's OK. Not everyone can handle it."

Question 5: What's the greatest thing about your profession?

"First and foremost, helping people. At the end of the day, our job is to help people's worst day or moment, be a little better with the care we provide no matter how we meet them."