



“Being able to make a huge difference in a matter of seconds in someone’s life with one interaction is pretty great.”

Heather - BC Ambulance Paramedic | By Photographer/Author - Jennifer Dowd

Heather is a Paramedic with **14 years** of experience. She's intelligent, kind, caring, funny, compassionate and loves helping people.

In her own words, Heather provides some insights into her life as a Paramedic.

Question 1: What interested you in this profession?

"I was always interested in a medical career and being a Paramedic seemed exciting. I started in Vancouver, BC, and worked there for over 9 years before moving to Victoria."

Question 2: Why do you think this profession is important?

"Paramedics help people. We are advocates for the patients and help navigate them through a very complicated medical system. A Paramedic can be a great advocate for a patient and that's very important, especially during a really bad time in a patient's life."

Question 3: What do you want people to know about this profession?

"The job is very rewarding, and you get out of it, what you put in. You learn a lot and those skills and abilities will serve you throughout life. When you have a good call, you can really feel the positive difference it made in that person's life."

As well, when you become a Paramedic, you gain a supportive, open, and collaborative team. We all get what each other goes through and we are there for each other."

Question 4: How does your family feel about you doing this profession?

"Proud. I have two small girls, five and eight years old and they understand some of what I and my husband who is also a Paramedic go through. We talk about serious issues, and I feel it will help them become compassionate adults. Sometimes my family worries about the environments that I'm walking into it as they aren't always safe."

Question 5: What's the greatest thing about your profession?

"Being able to make a huge difference in a matter of seconds in someone's life with one interaction is pretty great."